

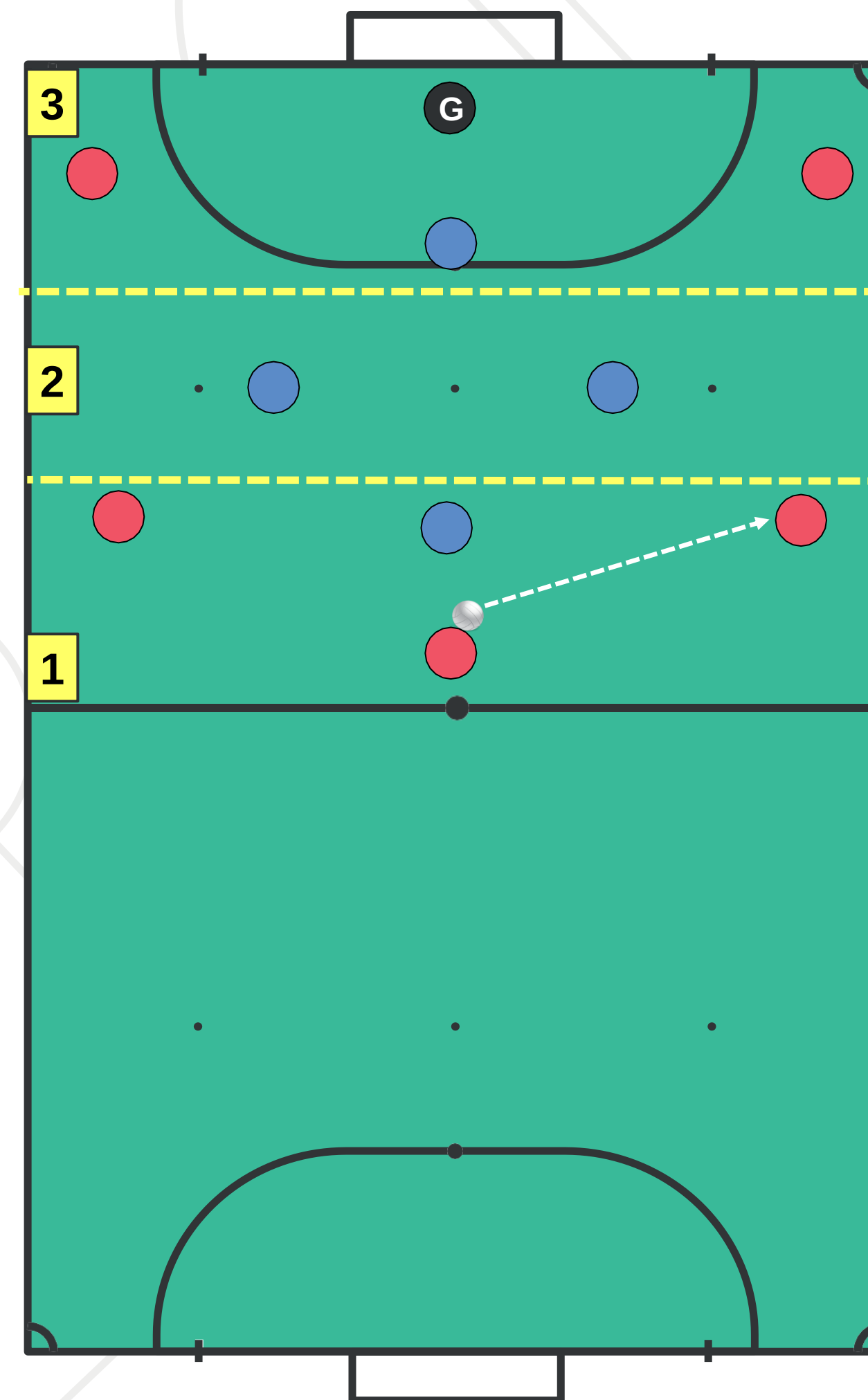
DEVELOPMENT:

We divide the space into three zones, which we will use to limit the defensive performance.

In zone 1 we will place the defensive pivot, in zone 2 the wings and in zone 3 the closer, and these players will only be able to defend in their zone, limiting the defensive performance to help the offensive goal of the exercise.

The attack will have full freedom to attack, but without using prefabricated movements, the goal will be to take advantage of the defensive limitation to work on and improve the aspects of fast ball circulation, passing quality, mobility to generate passing lines, decision making and finishing.

In case of a defensive steal, the defense will be able to turn and attack their own goal, with this rule we will work on the quick come back of the team that has just lost the ball (Simulating the post-loss pressure to avoid the transition in the real game).



SPECIAL SITUATIONS

5x4 Attack by zones

- **Concepts:** Individual and collective offensive tactical principles in the flying goalkeeper attack.
- **Contents:** Decision making, ball circulation, mobility, passing quality and change of role attack-defense.
- **Goals:** To work on the 5x4 attack (With 3-2 structure) in the initial phase as part of the learning process of the special flying goalkeeper situation.
- **No. of players:** 9 + 1 goalkeeper.
- **Equipment:** Balls, bibs and cones.
- **Space:** 25x20m.
- **Time:** 10-12 minutes.